



## OFFICE OF MAYOR ANDY SCHOR

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**FOR IMMEDIATE RELEASE:**  
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### **FitLot Outdoor Fitness Park Opens Near Rotary Park in Downtown Lansing**

**(LANSING)** – Mayor Andy Schor today announced that the City of Lansing has installed a FitLot, an outdoor fitness park, just north of Rotary Park on the Lansing River Trail, near downtown Lansing. The City of Lansing was chosen by AARP in a competitive application process in recognition of AARP’s 60<sup>th</sup> anniversary.

The FitLot features an exercise bike, stair stepper, hand cycle, chest/back press among other equipment, and was purchased by AARP on behalf of the City. In the future, AARP Michigan plans to offer fitness programming at the park.

“A big thank you goes out to AARP Michigan for choosing Lansing for this beautiful, outdoor fitness park. We are excited to have this facility for our seniors to stay active and healthy,” said Mayor Schor. “This couldn’t have happened without our partners at the state of Michigan who worked under a tight deadline to ensure that all permitting was in place prior to construction even in the midst of this pandemic.”

As one of AARP’s age-friendly communities in Michigan, the City continues to demonstrate its commitment to ensuring that Lansing is a place for young professionals, families and seniors. Installing this facility so close to a senior community and market-rate apartments furthers the City’s plans to support access to recreational activities.

More information on the City’s age-friendly communities plan can be found at, <https://www.lansingmi.gov/1463/AARP-Age-Friendly-Community>. More information on FitLot can be found by visiting, [www.fitlot.org](http://www.fitlot.org)

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