



**Lansing Parks and Recreation
Therapeutic Recreation
Department Presents:**

Project S.T.T.A.R



Social Teaching Through Activities and Recreation

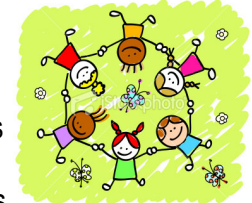
A summer day camp program that uses recreation and other supported activities to enhance social, emotional and cognitive skills. Does your child have difficulty interacting with people or being in groups? Does your child find it difficult to communicate their needs effectively? Does your child need additional supports to participate in recreation and leisure activities? If so we have a dynamic program for youth ages 5-13. Project STTAR is an inclusive program for youth with disabilities. The program is developed in joint cooperation between Clinton-Eaton-Ingham Community Mental Health Authority (CEI CMHA), Mid-Michigan Autism Association (MMAA), Lansing Parks and Recreation (LP&R), and the Oak Park YMCA (Oak Park Y). The team for this project is committed to developing and implementing a recreation program with qualified staff and an increased ratio of staff to youth. In addition to the required 30-hour camp staff training, staff will receive additional training from the CEI CMHA Autism Support Team (psychologist, occupational therapist, speech-language pathologist) in order to help meet the specific needs of your child. Parents will be required to meet with the Certified Therapeutic Recreation Specialist (CTRS) who oversees inclusion and complete an additional form to help educate staff so they can better meet the needs of the individual youth. Early registration is important, as space is limited in this pilot project. You can enroll your child at any Community Center followed by a call to the CTRS at (517) 483-4291. If you plan to use a neighborhood park we will work to provide support staff. We also have a camp for the 14-26 year old at SSCC. **Step 1 Call Joan at 517-483-4291 for an appointment. Step 2 Register.**

Project S.T.T.A.R (Ages 14-26)

Advance your creative edge through the arts with painting, sketching, dance, drama and skits. Learn to play some card and board games, find the hidden treasure by Geo-Caching and test your physical skills with some balance, coordination, strength training, and stretching or enjoy a dip in the pool.



- Activity #441700A**
7/12-7/15 Mon-Thu 1-4 pm Southside (Hill) \$20/Res; \$30/Non-Res
- Activity #441700B**
7/19-7/22 Mon-Thu 1-4 pm Southside (Hill) \$20/Res; \$30/Non-Res
- Activity #441700C**
7/26-7/29 Mon-Thu 1-4 pm Southside (Hill) \$20/Res; \$30/Non-Res
- Activity #441700D**
8/2-8/5 Mon-Thu 1-4 pm Southside (Hill) \$20/Res; \$30/Non-Res
- Activity #441700E**
8/9-8/12 Mon-Thu 1-4 pm Southside (Hill) \$20/Res; \$30/Non-Res



Registration Information

To register by credit or debit card call (517) 483-4234

Online at: www.lansingmi.gov/parks

Or at any one of our four community centers:

Foster Community Center: 200 North Foster • Lansing, MI 48912 (517) 483-4233

Gier Community Center: 2400 Hall Street • Lansing, MI 48906 (517) 483-4309

Letts Community Center: 1220 West Kalamazoo Street • Lansing, MI 48915 (517) 483-4305

Southside Community Center: 5815 Wise Road • Lansing, MI 48911 (517) 483-6686

For more information contact the Therapeutic Recreation Specialist – Joan at 517-483-4291.