

DANCE

PRE-DANCE (Ages 4-6)

Fundamental dance movement, ballet, tap and jazz expressed to music along with warm-ups, tumbling and simple dance sequences. Instructor: Garnett Kepler. 8 sessions.

Activity #112701A	\$30/Res; \$35/Non-Res
9/28-11/16 Mon 4:30-5:20 pm	Foster

ACROBATICS (Ages 5-10)

Introduction to basic tumbling moves and agility tricks such as handstands, cartwheels, front and back somersaults and bridges; as well as work on stretching and limbering the body and learning the proper form of tumbling. Each child will work on moves and tricks appropriate to their skill level. Instructor: Garnett Kepler. 8 sessions.

Activity #112700A	\$30/Res; \$35/Non-Res
10/1-11/19 Thu 4:20-5:10 pm	Foster

BALLET/JAZZ I (Ages 5-14)

Introduction to basic ballet steps and terminology with fundamental jazz techniques designed to develop dancing skills and enhance creative movement. Instructor: Garnett Kepler. 8 sessions. No class 11/11, 11/25.

Activity #112702A (Ages 5-7)	\$30/Res; \$35/Non-Res
9/29-11/17 Tue 4:30-5:20 pm	Foster

Activity #112702B (Ages 8-14)	\$30/Res; \$35/Non-Res
9/30-12/2 Wed 4:30-5:20 pm	Foster

BEGINNING TAP I (Ages 5-7)

Designed for children with no previous dance experience; this class will include basic tap steps and simple combinations, as well as developing an awareness of how the tap sounds relate to music. Instructor: Julie Williams. 8 sessions.

Activity #112715A	\$25/Res; \$30/Non-Res
10/6-11/24 Tue 6:30-7:10 pm	Foster

BEGINNING TAP II (Ages 8-10)

Designed for students who have already taken Tap I. This class takes students into the next level of tap including basic tap steps and rhythm combinations. Instructor: Julie Williams. 8 sessions.

Activity #112716A	\$25/Res; \$30/Non-Res
10/6-11/24 Tue 7:20-7:50 pm	Foster

ACRODANCE (Ages 8-14)

This class combines basic tumbling with jazz dance. Each session will start with warm-ups, dance combinations and proper form of tumbling. We will include some rhythmic gymnastics and a short routine. Instructor: Garnett Kepler. 8 sessions.

Activity #112704A	\$30/Res; \$35/Non-Res
9/29-11/17 Tue 5:30-6:20 pm	Foster



PINT SIZE NIA (Ages 5-8)

NIA is an exciting opportunity for your child to experience the joy of movement through creative expression and music. We will play with guided and non-guided movements and expressions. Children are welcome and encouraged to participate in a way that feels comfortable to them.

Activity #150300D	\$28/Res; \$33/Non-Res
10/8-11/19 Thu 4-4:45 pm	Southside (Hill)



NIA TEENS (Ages 13-17)

Discover NIA through dance, healing arts, creative movement and music. You can enjoy NIA regardless of your fitness level. Instructor: Trudie Wilson.

Activity #150300E	\$28/Res; \$33/Non-Res
10/8-11/19 Thu 5-5:45 pm	Southside (Hill)

VARIETY D.A.N.C.E. (Ages 5-14)

Developing And Nurturing Community Empowerment (D.A.N.C.E.) is a non-profit organization dedicated to teaching underprivileged children of the community the art of dance. In each D.A.N.C.E. level listed below, students will learn Jazz, Tap, Hip Hop, Acrobatics, Ballet, Step, Cheer, and African movements. Once students' progress beyond the Introduction level classes, there will be an additional costume fee; levels 2-3 commit to perform in monthly events and/or competitions. All level students will be given a mentor with whom they can address their concerns and needs, are provided tutoring sessions, are encouraged to continue their education beyond high school, and become active within the community by doing community service. Mentoring/Study sessions for all students will be Mondays and Wednesdays from 5:30-6:30 pm. Instructors: Roslyn English & Chadorea Mack. No class 11/11, 11/25, 11/26.

INTRODUCTION: (No previous experience)

Activity #412720AA (Ages 5-8)	\$10/Res; \$15/Non-Res
9/10-10/1 Thu 6:15-7:15 pm	Foster

Activity #412720BB (Ages 9-14)	\$10/Res; \$15/Non-Res
9/10-10/1 Thu 7:30-8:30 pm	Foster

Activity #112720A (Ages 5-8)	\$25/Res; \$30/Non-Res
10/8-12/17 Thu 6:15-7:15 pm	Foster

Activity #112720B (Ages 9-14)	\$25/Res; \$30/Non-Res
10/8-12/17 Thu 7:30-8:30 pm	Foster

LEVEL 2/3: (Instructor Recommendation)

Activity #412720DD (Ages 5-14)	\$15/Res; \$20/Non-Res
9/9-9/30 Wed 6-8:30 pm	Foster

Activity #112720D (Ages 5-14)	\$50/Res; \$55/Non-Res
10/5-12/16 Mon & Wed 6:30-8:30 pm	Foster

S.T.A.R.S. DANCE CO. (Audition Only)

Activity #412720FF (Ages 5-14)	\$15/Res; \$20/Non-Res
9/9-9/30 Wed & Thu 4:30-6 pm	Foster

Activity #112720F (Ages 5-14)	\$20/Res; \$25/Non-Res
10/8-12/17 Thu 4:30-6 pm	Foster

MEXICAN DANCE - LEVEL I/LEVEL II (Ages 6-Adults)

Students will learn traditional folklorico dances. Level I is for the very beginning student and includes costuming, footwork, and cultural enjoyment. Level II is a continuation of Level I and requires instructor recommendation. Instructors: Alicia Guevara Quintero and Anna Ortega. 7 sessions.

LEVEL I (Beginning):

Activity #112706A (Ages 6-12)	\$14/Res; \$19/Non-Res
10/3-11/14 Sat 10:30-11:30 am	Foster

LEVEL II (Continuation/Experienced):

Activity #112706B (Ages 8-12)	\$14/Res; \$19/Non-Res
10/3-11/14 Sat 11:30 am-12:30 pm	Foster

Activity #112706C (Ages 13-17)	\$14/Res; \$19/Non-Res
10/3-11/14 Sat 12:30-1:30 pm	Foster

Activity #112706D (Adults)	\$14/Res; \$21/Non-Res
10/3-11/14 Sat 12:30-1:30 pm	Foster

BEGINNING BELLY DANCE FOR TEENS (Ages 12-17)

A Middle Eastern dance class designed with your teen in mind. We will introduce basic movements, veil work & a short dance/choreography. Folk dances such as Debke (Lebanese) & Sertos (Greek) will be covered. Instructor: Garnett Kepler. 8 sessions.

Activity #112713A	\$30/Res; \$35/Non-Res
9/28-11/16 Mon 5:30-6:20 pm	

BEGINNING TAP (Adult)

Adult Tap is an innovative tap dance class involving basic tap steps/combinations with traditional dance moves. Choreography is easy to follow so there is no experience necessary. Instructor: Julie Williams. 8 sessions.

Activity #112517A	\$25/Res; \$37/Non-Res
10/6-11/24 Tue 8-8:40 pm	Foster

BEGINNING BALLROOM DANCE (Adults)

This class is designed for beginners or as a refresher course. Dances taught will include the Jitterbug, Cha-Cha, Foxtrot and Waltz. Register as couples only! Instructor: Garnett Kepler. 8 sessions.

Activity #112500A	\$30/Res Cpl; \$45/Non-Res Cpl
10/1-11/19 Thu 6:30-7:30 pm	Foster

BEGINNING BELLY DANCE LEVEL I (Adults)

Basic techniques, movement and isolation. Instructor: Garnett Kepler. 8 sessions.

Activity #112501A	\$30/Res; \$45/Non-Res
9/28-11/16 Mon 6:30-7:30 pm	Foster

Activity #112501B	\$30/Res; \$45/Non-Res
9/29-11/17 Tue 7:40-8:40 pm	Foster