

SENIOR GO-Getters

Programs for persons age 50 & over

Our program offers comprehensive and diverse services and activities for Lansing area adults over the age of 50. Included are health services, crafts, recreation and many special events. The program meets 10:00 a.m. – 2:00 p.m. Monday - Friday at Letts and Miller Rd. Centers. In addition, Miller Center offers evening programs, dances and events.

Tri-County Office on Aging nutritional meals are served at 12 noon,

Monday - Friday at Letts and Monday, Tuesday, Thursday, and Friday at 11:45 a.m. at Miller. A \$2.00 donation is requested for persons age 60 and older; a \$4.00 donation is requested for persons under age 60.

Transportation arrangements can be made through Spec-Tran by calling 394-6230. You'll receive a token for your return ride home if you order a meal.

PROGRAM LOCATIONS

Letts Community Center, 1220 W. Kalamazoo.....483-4311 • Miller Road Center, 6025 Curry Lane (off Miller).....394-5421

BRIDGE PLAYERS LEARNING SESSION

Join Letts Center Seniors for an introduction on How to play Bridge.

10/7-12/16 Wed 10:30-11:10 am Miller Free

BIRTHDAY CELEBRATIONS

Each month we will celebrate your Birthday. We will provide Cake and Ice Cream along with a "Happy Birthday" song for you. Dates are 10/28, 11/25, 12/23

FALL RUMMAGE SALE

This is your opportunity to purchase and sell merchandise, clothing and collectibles. Each 8 foot table will have 2 chairs. Tri County Office on Aging meals served daily. Please call Letts Community Center at 483-4311 to purchase your tables and reserve a lunch. Maximum of 2 tables may be purchased. Lunch is not included in the cost of the table.

Activity #115622A \$6 per table
10/9 Fri 10 am-2 pm Letts

Activity #115622B \$6 per table
10/2 Fri 10 am - 2 pm Miller

HOWLING HALLOWEEN FUN

You are invited to scare up some friends to accompany you to this howling good time; prizes will be awarded for the most creative, silliest, and creepiest costumes. The Good Time Cloggers will perform a wonderfully frightful dance for your entertainment. Tri County Office on Aging meal will be served.

10/30 Fri 10 am-1:30 pm Miller \$5

HOT POCKETS POOL TOURNAMENT

All pool players are welcome and encouraged to join us for a great time. Check-in will be at 9:30 a.m. and the tournament will begin at 10 a.m. Refreshments will be provided. Tri-County Office on Aging lunch will be served at Noon. First, second and third place prizes will be awarded. Please call 483-4311 to register for the tournament and to reserve lunch. Registration deadline is November 2nd at 2 p.m.

Activity #115561A Free
11/4 Wed 10 am-2 pm Letts

HOLIDAY CELEBRATION

Celebrations and gifts go hand in hand. So this year we are having a Gift Giving Celebration! Donate a new toy, hat, gloves for ages 2-12 year old. Entertainment will be by Leo Balcer on the accordion to bring in the Holiday Cheer! Tri County Office on Aging meal will be served. Please call 483-4311 for more information.

12/16 Wed 10 am-1:30 pm Miller \$5

Evening Programs

WEDNESDAY EVENINGS AT MILLER ROAD

Join us for an evening of fun and fellowship at Miller Road on Wednesdays from 6-9 p.m. The evening will consist of the following activities: cards, billiards, good conversation, maybe music and lots of laughs. The program is free; donations are accepted for refreshments.

FUN, FRIENDS & FELLOWSHIP... A NIGHT OF MUSIC JAMS

Join us for a Saturday evening of fun from 7 to 10 p.m. at Miller Road Center. Bring your musical instrument, singing voice or just relax to a night of musical enjoyment. We will be meet the 2nd Saturday of each month, excluding holidays. (10/10, 11/14, 12/12)

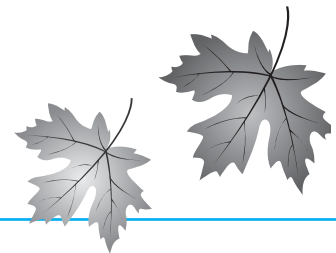
DANCE THE NIGHT AWAY

Kick up your heels, glide across the floor or twirl about, to the sweet sounds of Charlie and The Tinas the first Thursday of each month (Oct. 1, Nov. 5, Dec. 3) at Miller Road from

7 to 10 p.m. The program is free; donations are accepted for refreshments.

Guest Speakers and Presentations

Representatives from various organizations will present information on everything from health issues to financial situations, arts and crafts to specific era topics. Please contact Letts Center at 483-4311 or Miller Road Center at 394-5421 for a complete listing of topics, dates and times.



Proud to Support
Neighborhood Concerts in the Park



NuUnion
CREDIT UNION

